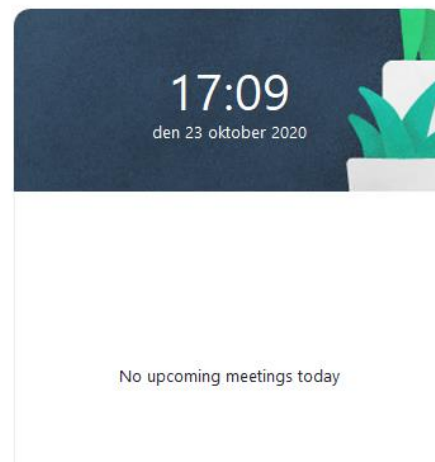
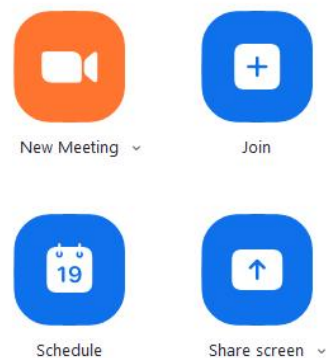
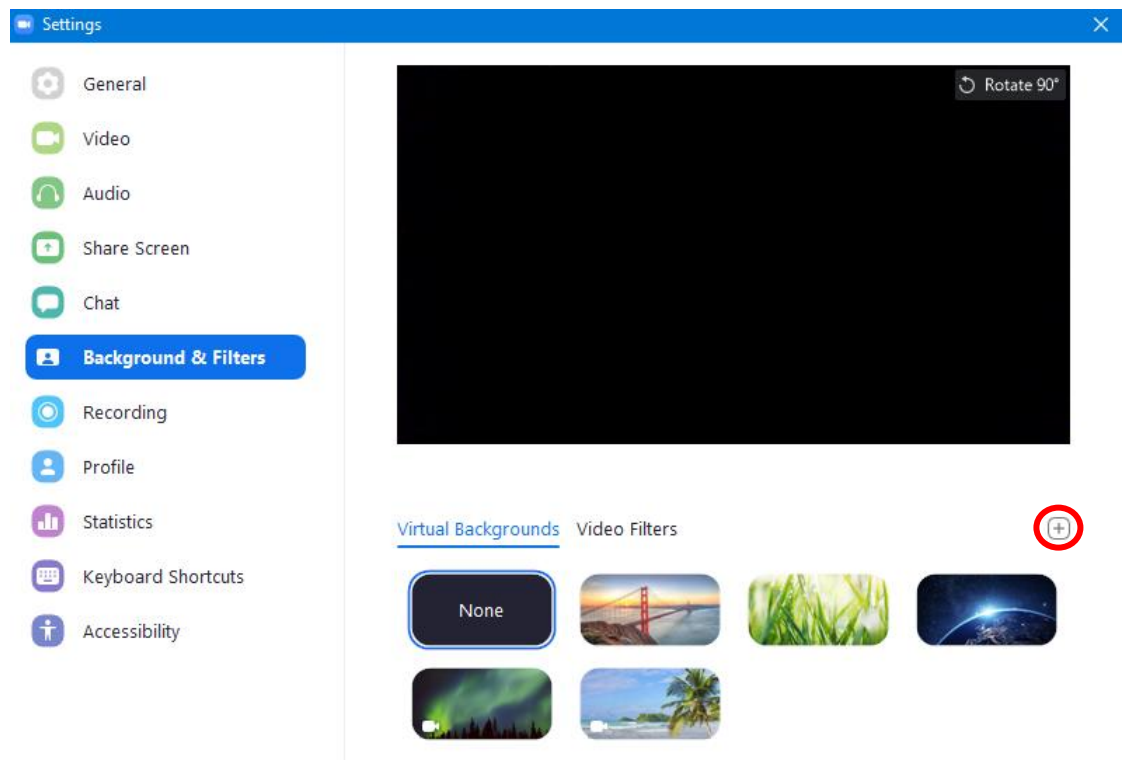


## How to include a customized virtual background on Zoom

1. Check that you have the latest version of Zoom, or at least version 5.2.0 on Windows or 4.6.0 on macOS. How to see what version of Zoom you have: <https://support.zoom.us/hc/en-us/articles/201362393-Viewing-the-Zoom-version-number>
2. Open your Zoom Desktop client. In the top right corner, click on settings.



3. Go to Background & filters.



4. Click on the plus sign to navigate to the image you saved and want as background.

## Preparations for a Zoom background

- Find a space with a unicolor background.
- Use clothes that stand out from your background. That is, if you have a dark wall behind you, bright clothes are suitable to stand out.
- Make sure to test your background image in a proper setting before giving a presentation.

**You can read more about Zoom backgrounds here:**

<https://support.zoom.us/hc/en-us/articles/210707503#Instructions>